



# THE LION'S ROAR

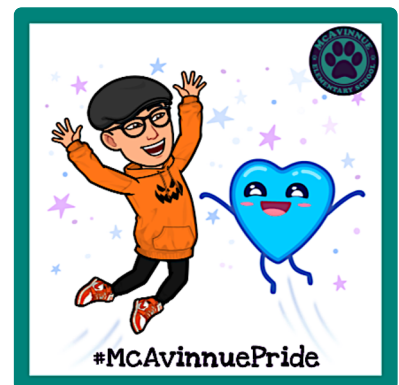
McAvinnue's Community Newsletter: Week Of October 7th

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## MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

I hope that everyone is relaxing this weekend...and enjoying the fine Fall weather we are having! The recent temperatures have been mild allowing for our students to enjoy some outdoor recess and Physical Education time. However, I have reminded the students to dress in layers each day with a light jacket or sweatshirt. This will ensure they are fully prepared to adjust with the changing temperatures. Please make sure that your child is fully prepared to be as comfortable as possible during the school day.



It was a busy week at McAvinnue! We had our first "Lion's Pride Core Value All School Celebration...our first "official" all school evacuation practice with the Lowell Fire Department, and a Kindergarten field trip to Parlee Farms! Check out the pictures below for a recap of all of the cool things that occurred if you missed our posts!

Mark your calendars, we will have our first Early Release Day on Wednesday, October 9th. Students will be dismissed from school at 1:30 PM. Please keep in mind that there will be no AM or PM editions of Ms. Annie's PreK classes on this day.

As everyone is aware, we will host McAvinnue's "Trunk Or Treat" Celebration on Tuesday, October 29th at 5:00 PM - 6:15 PM at St. Rita's Church across from our school. You can find out all of the

details below. We are still accepting candy donations for this event....details for donations can also be found below.

We will send home the first progress report for your child this week on Thursday, October 17th for our Kindergarten - Grade 4 students. As you know, the goal of this progress report is to briefly review how things are going for your students after the first few months of school. Please keep in mind that we will be hosting Parent /Teacher Conferences in December which will be an opportunity to formally review how your child is progressing in each content area.

Please note that there is some information for some upcoming events at McAvinnue such as Indigenous Peoples Day (formally known as Columbus Day), McAvinnue's Picture Day, and McAvinnue's "Trunk Or Treat" Family Celebrations! Mark your calendars for these events!

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- **Monday, October 7th - McAvinnue Reopens @ 9:10 AM**
- **Monday, October 7th - Bully Prevention & Awareness Day**
- **Tuesday, October 8th - Grade 3 Field Trip: Concord Museum (2 Classes)**
- **Wednesday, October 9th - Early Release Day: Student Dismissal @ 1:30 PM (No PreK Classes)**
- **Thursday, October 10th - Grade 3 Field Trip: Concord Museum (2 Classes)**
- **Monday, October 14th - No School: Indigenous Peoples' Day**

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us).

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## Early Release Day: Wednesday, October 9th

**No AM Or PM PreK Classes  
For Ms. Annie's Students**

Reach out to your child's teacher or the Main Office directly if you have any questions!

## Indigenous Peoples Day: Monday, October 14th - No School



# Indigenous Peoples Day

**Monday, October 14th - No School**

The first seed of Indigenous Peoples' Day was planted at a U.N. international conference on discrimination in 1977. The first state to recognize the day was South Dakota in 1989. Berkeley, California, and Santa Cruz followed suit.

Although the day was still considered Columbus Day up to 1937, many people began calling it Indigenous Peoples' Day to celebrate the rich culture and the lives of the Native American people.

For the Native Americans, Columbus Day was always hurtful as it glorified the violent past constituting 500 years of colonial torture and oppression by European explorers like Columbus and those who settled in America. Indigenous Peoples' Day draws attention to the pain, trauma, and broken promises that were erased by the celebration of Columbus Day. Before his arrival, the indigenous folk were successful self-sufficient communities that sustained life for thousands of years.

Year by year, the movement to change Columbus Day to Indigenous Peoples' Day spreads to more and more states, towns, and cities across the United States of America.

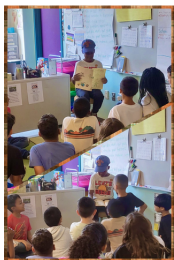
Indigenous Peoples' Day celebrates, recognizes, and honors the beautiful traditions and cultures of the Indigenous People, not just in America, but around the world. Their way of life and culture carries wisdom and valuable insights into how we can live life more sustainably.

Today, 14 U.S. states celebrate Indigenous Peoples' Day and not Columbus Day, as well as the District of Columbia. More than 130 cities including Arlington, Amherst, Cambridge, Brookline, Marblehead, Great Barrington, Northampton, Provincetown, Somerville, and Salem also celebrate Indigenous Peoples' Day.





## McAvinne's Week In Review



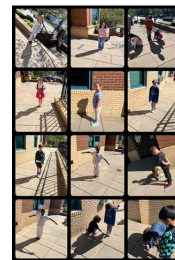
### Dog Man & Sean!

Sean in Room 310 really loves the "Dog Man" graphic novel series. He loves it so much that he created his own version called "Dog Man & Sean"...and shared it with the other Grade 4 students in his classroom! We love the effort and creativity with this one!



### September Core Value Celebration!

We had our first "Lion's Pride" Core Value All School Celebration: September Edition this past week! This monthly all school meeting focuses on recognizing students that have demonstrated our core values: Respect, Responsibility, and Safety during the month of September! We also focus on our school attendance and celebrate those grade level homerooms that have the highest attendance percentage for the month. The winning homerooms earn the coveted Attendance Trophy!



### Light & Shadow Experimenting Fun!

Grade 1 students in Room 202 had a blast learning about light and shadows! They experimented with how the position of the sun in the sky can impact their the formation of their own shadow. Students traced their shadows on the ground and compared the results to other student's shadows!









### **Kindergarten Visits Parlee Farms!**

Kindergarten students enjoyed their time at Parlee Farms this past week! The weather was perfect to learn about apples and pumpkins while enjoying some treats along the way!

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## **Candy Donations Needed!**



We are gladly accepting candy donations for McAvinnue's "Trunk Or Treat" Family Celebration!

Please feel free to drop off a bag of candy to the Main Office at McAvinnue anytime during school hours. Also, you can have your child bring a bag of candy with them to school...and they can drop it off at the Main Office when they arrive to the school building.

We will accept donations all the way up to the big event on Tuesday, October 29th!

Thank you in advance for your support with this!

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## McAvinnue's Before & After School Program Information



# McAvinnue's Before & After School Program Information



**UPDATE: We will provide an update with student enrollment on Monday, October 7th. This communication will occur via email.**

Please keep in mind that both the Before and After School Program begins on Tuesday, October 15th.

The Before School Program will occur on Monday - Thursday each week from 8:00 AM - 9:10 AM.

The After School Program will occur on Tuesday (Grades 1 & 2) and Thursday (Grades 3 & 4) each week from 3:30 PM - 5:00 PM.

Session 1 of these programs will last through Thursday, December 12th.

Any questions? Please reach out to Mrs. Gervais directly at [mgervais@lowell.k12.ma.us](mailto:mgervais@lowell.k12.ma.us) or call the school directly for support.

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**Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!**

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.

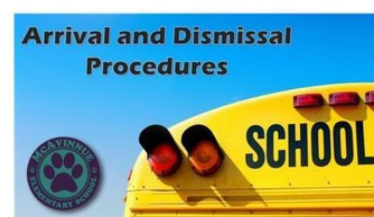
Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is [dralls@lowell.k12.ma.us](mailto:dralls@lowell.k12.ma.us) and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.



## Drop-Off & Pick-Up Logistics

### Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.



### Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

### Pick-Up Logistics

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.

- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

## Bus Transportation Information

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSP "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

[Click Here For The LPSP "Bus Lookup Tool"](#)

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

### Bus Pass Lookup Tutorial

#### Tyler's Versatrans e-Link

Welcome to Lowell Public Schools eLink



User Name:

Password:

Login

User Name= lunch code

Password= birthday  
mmddyyyy

Example: August 31, 2009

## Is Your Bus On Time?

The Lowell Public Schools Transportation Department has added a live spreadsheet to its webpage that indicates in the AM or PM if a school bus (grades K-8) is running late and by how long.

Check it out today: <https://www.lowell.k12.ma.us/Page/5990>




## Physical Education Class Information With Ms. Rindo


Here is information regarding when each grade level and homeroom has weekly Physical Education Class with Ms. Rindo.

Please ensure that your child wears sneakers on their assigned day in the gymnasium so that can fully participate.

### Kindergarten-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
	Mrs. Pepper 205	Mrs. Lewis 206	Mrs. Zolikos 207	Ms. Martineau 208


 Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!




### Kindergarten

### Grade 1-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Gervais 204		Ms. Corio 201	Mrs. Joyce 202	Ms. Wagner 203


 Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!




### Grade 1

### Grade 2-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Ubele 101	Mrs. Makumbi 102	Ms. Carrucini 103	Ms. Michaud 104	


 Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!




### Grade 2

### Grade 3-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Abrams 302	Mrs. Cutrumbes 303	Mrs. M-C 304		Ms. Ryder 301


 Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!




### Grade 3

### Grade 4-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Ms. Clemente 309	Mrs. Leczynski 310		Mrs. Figueiredo 307	Mrs. McCann 308


 Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!




### Grade 4

### CSA-Physical Education Class

Tuesday	Wednesday	Thursday
Ms. Pastor 108	Mrs. Orozco 109	Mrs. Irwin 211

 Please remember to wear your sneakers!  
¡Por favor recuerda usar tus zapatos de deporte!



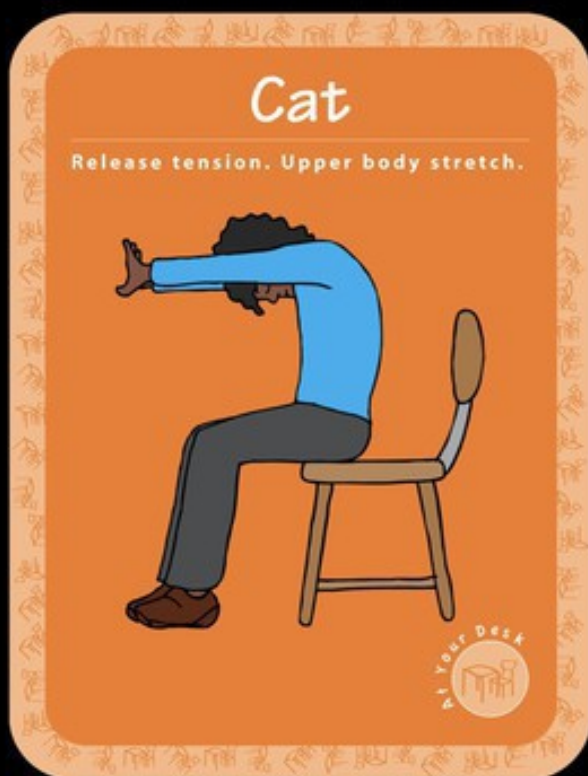
### CSA



We will practice a new yoga pose this week called the "Cat"! This new pose will allow us to work on releasing tension that we may have through a good upper body stretch...just like a cat. We will practice the "Cat" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



You can get an early head start and practice this technique before we launch into another exciting week!



## Upcoming Events

# UPCOMING EVENTS



Here are important dates to remember in the month of October:

- Monday, October 7th - McAvinnue Reopens @ 9:10 AM
- Monday, October 7th - Bully Prevention & Awareness Day
- Tuesday, October 8th - Grade 3 Field Trip: Concord Museum (Rooms 302 & 303)
- Wednesday, October 9th - Early Release Day: Student Dismissal @ 1:30 PM (No PreK Classes)
- Thursday, October 10th - Grade 3 Field Trip: Concord Museum (Rooms 301 & 304)
- Monday, October 14th - No School: Indigenous Peoples' Day
- Tuesday, October 15th - McAvinnue's "Before & After School Program" Begins: Session 1
- Thursday, October 17th - Progress Report Distribution: PreK - Grade 4
- Monday, October 21st - McAvinnue's Picture Day - Student & Faculty Portraits
- Tuesday, October 22nd - Grade 4 Field Trip: Patriot's Hall Of Fame Engineering Challenge: "Tower & Bridges"
- Tuesday, October 29th - McAvinnue's "Spooky Trunk Or Treat" Family Celebration @ 5:00 PM - 6:30 PM
- Thursday, October 31st - McAvinnue's "Lion's Pride" Core Value All School Celebration: October Edition @ 9:30 AM - 10:15 AM

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## Picture Day: Monday, October 21st



# PICTURE DAY

MONDAY, OCTOBER 21ST

## McAvinnue's "Trunk Or Treat" Family Celebration

Mark your calendars for our next all school family event! Please join us for McAvinnue's "Trunk Or Treat" Family Celebration on **Tuesday October 29th from 5:00 PM - 6:15 PM.**

You can come to St. Rita's Church rear parking lot (directly across from McAvinnue), for some costume and candy fun!

This event is free of charge! All you need to do is come by with your costume on, bring a bag for treats, and we will do the rest! You will have a chance to walk through a maze of cars that will each have a special treat for you!



We are super excited to bring this event back at McAvinnue! We hope that everyone makes the time to come by!

MCAVINNUE ELEMENTARY SCHOOL

# TRUNK OR TREAT

TUESDAY, OCTOBER 29TH @ 5:00 PM - 6:15 PM





# ST Math Weekly Progress!



We have exciting news to share from our ST Math journey! Our students have collectively completed an incredible 115,000 puzzles so far this year. This is a huge accomplishment, showcasing their hard work, perseverance, and growing problem-solving skills.

In addition, last week, a few classrooms hovered around the expected average number of puzzles per week. A big shout-out to these classrooms!

Let's continue celebrating our students' progress and encouraging them as they puzzle their way to success. Thank you for all your support in making this journey possible!





**STMath**

over **115,000**  
puzzles solved



Average number of s

grade	K and 1st grade	2nd grade, 3rd grade, 4th grade
average number of puzzles	40 puzzles	60 puzzles

Let's celebrate the students of 109, 108, and 303!



**STMath**

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**2024-2025 School Year Calendar**

Superintendent of Schools-Lowell Public Schools- Lowell, MA  
2024-2025 School Year Calendar

Monday, August 26, 2024	Staff Return to School - Staff Orientation Day
Tuesday, August 27, 2024	First Day of School - Grades 1-12
Friday, August 30, 2024	No School Labor Day Recess
Monday, September 2, 2024 *	No School - Labor Day
Tuesday, September 3, 2024	No School - State Primary Elections
Wednesday, September 4, 2024	First Day of School - Pre-Kindergarten & Kindergarten
Wednesday, October 9, 2024	Wednesday - Early Release for grades PreK-12
Monday, October 14, 2024 *	No School - Indigenous Peoples' Day
Tuesday, November 5, 2024	No School for Students - Election Day - Professional Day for Staff
Monday, November 11, 2024 *	No School - Veterans' Day Observed
Wednesday, November 27, 2024	Early Dismissal - Thanksgiving Recess
Thursday, November 28, 2024 *	No School - Thanksgiving Day
Friday, November 29, 2024 *	No School - Thanksgiving Recess
Monday, December 2, 2024	Schools Re-Open
Wednesday, December 4, 2024	Wednesday - Early Release for grades PreK-12
Friday, December 20, 2024	Winter Vacation Begins at the Close of Day
Tuesday, December 24, 2024 *	Christmas Eve
Wednesday, December 25, 2024	Christmas Day
Tuesday, December 31, 2024 *	New Year's Eve
Wednesday, January 1, 2025 *	New Year's Day
Thursday, January 2, 2025	Schools Re-Open
Wednesday, January 8, 2025	Wednesday - Early Release for grades PreK-12
Monday, January 20, 2025 *	No School - Martin Luther King, Jr. Day
Wednesday, February 5, 2025	Wednesday - Early Release for grades PreK-12
Friday, February 14, 2025	Mid-Winter Vacation Begins at the Close of School
Monday, February 17, 2025 *	President's Day [Mid-Winter Vacation: Monday, February 17 - Friday, February 21, 2025]
Monday, February 24, 2025	Monday - Schools Re-Open
Wednesday, March 5, 2025	Wednesday - Early Release for grades PreK-12
Thursday, April 17, 2025	Spring Vacation Begins at the Close of School
Friday, April 18, 2025 *	No School - Good Friday
Monday, April 21, 2025 *	Patriot's Day - [Spring Break: Monday, April 21 - Friday, April 25, 2025]
Monday, April 28, 2025	Schools Re-Open
Wednesday, May 14, 2025	Wednesday - Early Release for grades PreK-12
Monday, May 26, 2025 *	No School - Memorial Day
Friday, June 13, 2025	180 <sup>th</sup> School Day - Early Release for grades PreK-12 on Last Day of School
Thursday, June 19, 2025 *	Juneteenth
Monday, June 23, 2025	185 <sup>th</sup> School Day [Includes five (5) Snow Days]

Approved by the Lowell School Committee at their meeting of: 4/17/24

\* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month			
August	3	January	21
September	19	February	15
October	22	March	21
November	17	April	16
December	15	May	21
		June	10



2024-2025 LPSD Calendar.pdf

Download  
236.8 KB

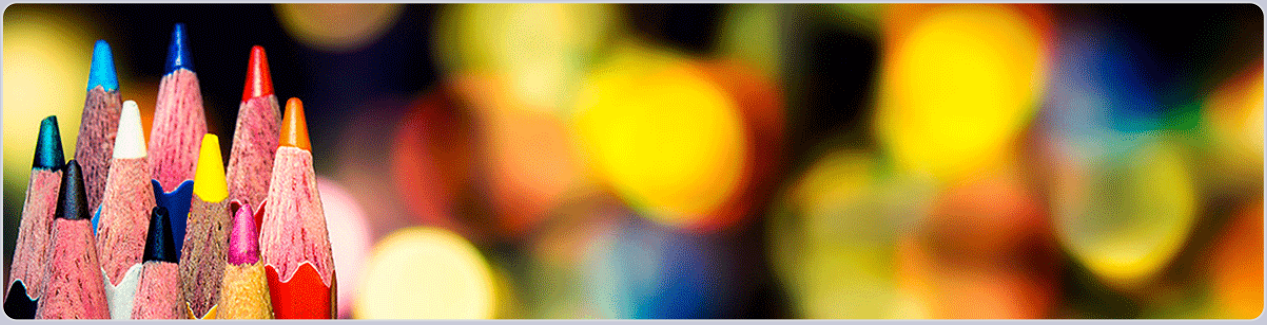
## McAvinnue's School Site Council 2024-2025

McAvinnue's Site Council is a group of faculty, parents, and community stakeholders who come together to help drive the instructional focus of the McAvinnue Elementary School. We look at student data and make decisions about the school's Quality Improvement Plan and budget.



We need one additional parent to join this important group. The commitment is one, one-hour, meeting each month usually on Zoom. As we hit budget season in February-April, there will be other meetings added.

If you would like to be a part of the team, please fill out the form below. If you have questions, please reach out to Mr. Domina at [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us).



# McAvinnue's School Site Council Interest Form

Please complete the information below if you are interested in joining McAvinnue's School Site Council.

McAvinnue's Site Council is a group of faculty, parents, and community stakeholders who come together to help drive the instructional focus of the McAvinnue Elementary

## McAvinnue's Morning Announcements Are Back!

McAvinnue's "Morning Announcements" are back once again for the 2024-2025 academic school year! We are excited to bring these back starting on Monday, September 16th!

Like we had successfully done during previous school years, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.



This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

**McAvinnue's Morning Announcements will occur on Monday, Wednesday, and Friday each week.**

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

[https://www.youtube.com/channel/UC7hxiBuRjqjqfASI\\_RLMleQ](https://www.youtube.com/channel/UC7hxiBuRjqjqfASI_RLMleQ)

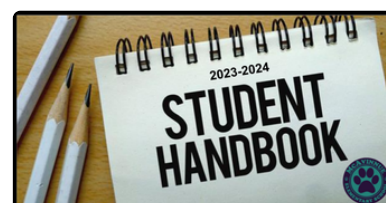
You can check out the latest edition of McAvinnue's Morning Announcements below for last school year!



## Parent & Family Resources

### Student Handbook 2024-2025

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

[Click Here To Access The LPS 2024-2025 Student Handbook](#)

### McAvinnue's School Attendance Information

As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.





Please refer to McAvinnue's Student Attendance Booklet below that will provide additional information. This booklet will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.

**The McAvinue Way**

**4 Honor Punctuality**

Students follow the **McAvinue School Attendance Policy** (2024-2025).

Even 5 to 10 minute tardies vary significantly for the classroom, and can be disruptive to the day. Being on the show expects for the first 10 minutes.

It is important that all students develop and demonstrate a sense of responsibility with respect to their school schedule. The staff have then thought that it is and is the significant when they become adults and want to pursue and finish their hopes and dreams.

**3 Consistent Interventions**

THEY ARE MEASURES TO BE CONSIDERED AS THEY MUST BE USED TO GET THE FOLLOWING WELL-GOING REASONS:

- Absence due to illness
- Absence due to family matters
- Absence due to personal matters
- Absence due to school matters
- Absence due to other matters

It is important that all students develop and demonstrate a sense of responsibility with respect to their school schedule. The staff have then thought that it is and is the significant when they become adults and want to pursue and finish their hopes and dreams.

**2 Parent Partnership**

We must parents to become our partners to help them have a better understanding of the school's expectations and to help them have a better understanding of the school's expectations and to help them have a better understanding of the school's expectations.

**3 School Incentives**

**Perfect Attendance:** At the end of every month we have a school assembly where we celebrate all the McAvinue students who have been in school every day that month. We also have a special award for the student who has been in school every day that month.

**The 5-day Challenge:** Each Friday, the attendance card visits students that have been in school every day to reward them with a prize for the week.

**MAC. Maturity Attendance Champion**

Students who have perfect attendance for a month are awarded a certificate and a prize.

**At the end of every month we calculate the attendance in each grade and we give the most students present at 5 days each week. The classroom with the best attendance percentage gets to keep the MAC trophy during the whole month!**

**Keep count of the absences!**

Aug	
Sep	
Oct	
Nov	
Dec	
Jan	
Feb	
Mar	
Apr	
May	
Jun	

English

[illegible]

## Spanish

[illegible]

## Portuguese

## Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.



Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the [LPS Food and Nutrition website](https://www.lowell.k12.ma.us/foodservice).

Any concerns please feel free to email [foodservice@lowell.k12.ma.us](mailto:foodservice@lowell.k12.ma.us)

**GREAT NEWS**

**MASSACHUSETTS PASSES  
PERMANENT FREE  
SCHOOL MEALS FOR ALL**

**WHY EAT SCHOOL BREAKFAST + LUNCH?**

<b>Better Productivity</b>	improved focus, behavior, & attendance rate.
<b>Better Health</b>	good for the brain & gives students the fuel to learn.
<b>Better Days</b>	one less thing to worry about & it's free!

 PROJECT BREAD 

## October Breakfast & Lunch Menus

**LOWELL**  
PUBLIC SCHOOLS

# Breakfast MENU

**October 2024  
Elementary  
Breakfast Menu**

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact [foodservices@lowell.k12.ma.us](mailto:foodservices@lowell.k12.ma.us)

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.

This institution is an equal opportunity provider

<b>30</b> Cinnamon Raisin Bagel  Assorted Cereal Bowls with Graham Cracker  Served with Apples & Pears	<b>1</b> Sausage, Egg, and Cheese Bagel Sandwich  Chocolate Chip Muffin  Served with Oranges & Juice	<b>2</b> Apple Frudel  Assorted Cereal Bars  Served with Strawberries & Clementines	<b>3</b> Egg and Cheese English Muffin  Oatmeal Raisin Round  Served with Fresh Fruit Cup & Juice	<b>4</b> Breakfast Smoothie  Bagel with Cream Cheese  Served with Apples & Bananas
<b>7</b> Maple Mini Waffles  Assorted Cereal Bowl with Graham Cracker  Served with Apples & Pears	<b>8</b> Bacon, Egg, and Cheese Bagel Sandwich  Blueberry Muffin  Served with Oranges & Juice	<b>9</b> Breakfast Smoothie  Benefit Bar  Served with Strawberries & Clementines	<b>10</b> Sausage, Egg, and Cheese Wake Up Wrap  UBR Round  Served with Fresh Fruit Cup & Juice	<b>11</b> Sausage and Cheese Pizza  Bagel with Cream Cheese  Served with Apples & Bananas
<b>14</b> No School	<b>15</b> French Toast  Chocolate Chip Muffin  Served with Oranges & Juice	<b>16</b> Sausage, Egg, and Cheese Bagel Sandwich  Oatmeal Betty Crocker Bar  Served with Strawberries & Clementines	<b>17</b> Blueberry Breakfast Bread  Nature Valley Round  Served with Fresh Fruit Cup & Juice	<b>18</b> Mini Cinnamon Cream Cheese Bagel  Breakfast Smoothies with a Graham Cracker  Served with Apples and Bananas
<b>21</b> Pumpkin Breakfast Bread  Assorted Cereal Bowl with Graham Crackers  Served with Apples & Pears	<b>22</b> Egg and Cheese Wake Up Wrap  Blueberry Muffin  Served with Oranges & Juice	<b>23</b> Powder Sugar Donut  Assorted Cereal Bars  Served with Strawberries & Clementines	<b>24</b> Bacon, Egg, and Cheese on an English Muffin  Oatmeal Raisin Breakfast Round  Served with Fresh Fruit Cup & Juice	<b>25</b> Breakfast Smoothie  Bagel with Cream Cheese  Served with Apples and Bananas
<b>28</b> Cinnamon Roll  Assorted Cereal Bowls with Graham Cracker  Served with Apples & Pears	<b>29</b> Mini Strawberry Filled Bagel  Chocolate Chip Muffin  Served with Oranges & Juice	<b>30</b> Country Chicken Biscuit  Assorted Cereal Bars  Served with Strawberries & Clementines	<b>31</b> Mini Cini Caramel Bagel  Pumpkin Spiced Donut  Served with Fresh Fruit Cup & Juice	<b>1</b> Egg and Cheese Wake Up Wrap  Bagel with Cream Cheese  Served with Apples & Bananas

## OCTOBER 2024 Elementary Lunch Menu

Breakfast and Lunch are FREE for all students!  
Our menu consists of Whole Grains, Fresh Fruits and Vegetables.  
Students must take a fruit and/or vegetable with each lunch. All meals are served with the option of milk.  
Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily. Menus are subject to change.  
V= Vegetarian LG=Locally Grown LTO= Limited Time Offer  
HOTM=Harvest of the Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French Toast Sticks with Chicken Sausage Hamburgers & Cheeseburgers Greek Salad with a Flatbread V LG Chicken Salad Sandwich on a Bulky Roll Tater Tots & Roasted Butternut Squash LG Apples & Peaches  <b>30</b>	<b>World Vegetarian Day!</b> Kickin' Bean Taco V Beef Taco Crispy Chicken Sandwich Yogurt & Fruit Power Pack V Greek Hummus Wrap V LG  Chickpea Salad & Fiesta Corn Clementines & Bananas  <b>1</b>	<b>National Apple Day!</b> Chicken Parmesan with Penne Cheese Quesadilla V Greek Salad with a Flatbread LG Chicken Salad Sandwich on a Bulky Roll Roasted Green Beans & Carrots LG Apples & Berry Cup  <b>2</b>	General Tso Popcorn Chicken with Fried Rice Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V  Yogurt & Fruit Power Pack V Greek Chicken Wrap LG Broccoli & Carrots LG Oranges & Apples  <b>3</b>	Cheese Pizza V Pepperoni Pizza  Greek Salad with a Flatbread LG Chicken Salad Sandwich on a Bulky Roll  Red Pepper Strips & Side Salad LG Apples & Bananas  <b>4</b>
Chicken & Vegetable Dumplings with Veggies Edamame Dumplings with Veggies V Chicken Parm Sub Kale Chicken Caesar Salad with Flatbread LG Ham and Cheese Sandwich Broccoli & Carrots LG Apples & Pears  <b>7</b>	Chicken Fajita with Tortilla Wrap Hamburgers & Cheeseburgers Black Bean Burger V  Pizza Platter Chicken Caesar Wrap LG  Roasted Chickpeas & Cucumber Clementines & Apples  <b>8</b>	Shepherd's Pie with a Dinner Roll Vegetarian Nuggets with a Roll V Fish and Chips with Coleslaw and a Dinner Roll Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Corn & Carrots LG Bananas & Berry Cup  <b>9</b>	Wally's Boom'n' Nachos Wally's Boom'n' Bean Nachos V Bosco Cheese Sticks with Marinara V  Pizza Platter Chicken Caesar Wrap LG  Green Beans & Carrots LG Pears & Fresh Fruit Cup  <b>10</b>	<b>Sausage Pizza Day!</b> Cheese Pizza V Chicken Sausage Pizza  Pizza Platter Chicken Caesar Wrap LG  Red Pepper Strips & Side Salad LG Apples & Bananas  <b>11</b>
<b>No School</b>  <b>14</b> <b>Indigenous People's Day</b>  <b>National School Lunch Week!</b>	Lowell Grande Nachos Chipotle Cheesy Bean Nachos V Crispy Chicken Sandwich  Pretzel Platter V Turkey BLT Sub LG  Kickin Beans & Corn Clementines & Apples  <b>15</b>	Buffalo Chicken Mac and Cheese Mac and Cheese V Hamburger & Cheeseburger Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich Cucumbers & Carrots LG Bananas & Berry Cups  <b>16</b>	<b>LTO: Cheesy Enchilada</b> Chorizo Bake Pizza Crunchers V  Pretzel Platter V Turkey BLT Sub LG  Roasted Veggies & Green Beans Pears & Fresh Fruit Cup  <b>17</b>	Cheese Pizza V Buffalo Chicken Pizza  Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich  Red Pepper Strips & Side Salad LG Apples & Bananas  <b>18</b>
Country Chicken Bowl with Corn Muffin Country Vegetarian Nugget Bowl with Corn Muffin V Omelet with a Corn Muffin V Ham Chef Salad with Flatbread LG Italian Sub Broccoli & Carrots LG Apple & Peaches  <b>21</b>	<b>Walking Taco Tuesday!</b> Hamburgers & Cheeseburgers Kickin Bean Taco V Bagel Power Pack V Moroccan Harissa Wrap LG Kickin Beans & Fiesta Corn Clementines & Apples  <b>22</b>	HOTM: Waffles with Chicken Sausage and Pear Compote Penne Bolognese with a Breadstick Ham Chef Salad with Flatbread LG Italian Sub Cucumbers & Carrots LG Bananas & Berry Cup  <b>23</b>	Black Bean, Pork, Plantain-Rice Bowl Crispy Chicken Sandwich Veggie Nuggets with a Dinner Roll V Bagel Power Pack V Moroccan Harissa Wrap LG Green Beans & Carrots LG Pears & Fresh Fruit Cup  <b>24</b>	Cheese Pizza V Big Mac Pizza  Ham Chef Salad with Flatbread LG Italian Sub  Red Pepper Strips & Side Salad LG Apples & Bananas  <b>25</b>
Deluxe Chicken Sandwich with our Honey Bee Sauce Hot Pretzel Dippers V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich  Pickled Cucumbers & Waffle Fries Apples & Pears  <b>28</b>	Arroz con Pollo Rainbow Flatbread V  Chocolate Hummus Platter V Ham and Cheese Sub LG  Street Corn Salad & Carrots LG Clementines & Apples  <b>29</b>	Lok Lak Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Roasted Chickpeas & Carrots LG Bananas & Berry Cup  <b>30</b>	<b>Happy Halloween!</b> Chili Garlic Popcorn Chicken Lo Mein  Pizza Crunchers V Chocolate Hummus Platter V Ham and Cheese Sub LG  Celery Sticks & Kale Caesar Salad LG Blood Oranges & Fresh Fruit Cup  <b>31</b>	Cheese Pizza V Hawaiian Pizza  Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich  Red Pepper Strips & Side Salad LG Apples & Bananas  <b>1</b>

This institution is an equal opportunity provider. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-3333; or (800) 845-6135 (Spanish). USDA is an equal opportunity provider and employer.





**Elementary October Breakfast Menu 2024 .pdf**

[Download](#)  
547.7 KB



**Elementary October Lunch Menu 2024.pdf**

[Download](#)  
363.2 KB

## McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

**There is a 30% off deal occuring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.**



Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

**Click To Access Prep Sportswear Spirit Gear**

## General Information

**How can I update my contact information (phone number/email/address)?**

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family



moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

### **How do I update my emergency contacts?**

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

### **How do I register my child for the new school year?**

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

### **What should I do if I need to register my child(ren) and I don't speak English?**

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

### **How old does my child need to be to enroll in preschool or kindergarten?**

- A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

### **How do I apply for a transfer for my child to change schools in the new year?**

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
  - Families can apply online at <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.
-

# Community Connections & Opportunities



## Pumpkin Palooza

Thursday October 24 from 4:30 p.m. to 6 p.m. the Lowell Public Schools Early Childhood Department is hosting a Pumpkin Palooza at the McAuliffe Elementary School (570 Beacon St.) Join us for pumpkin decorating, face painting, games, and more!

To register: <https://docs.google.com/.../1FAIpQLSeoBnNutUd48N.../viewform>





## YMCA Trunk or Treat and Pumpkin Palooza

On Tuesday October 29, we are partnering with our friends at the Greater Lowell Family YMCA for a Trunk or Treat and Pumpkin Palooza from 5:30 p.m. to 7 p.m. at the YMCA next to the train station on Thorndike Street.

To register: <https://forms.office.com/pages/responsepage.aspx...>



The Greater Lowell Family YMCA and Lowell Public  
Schools are proud to partner for these  
spooktacular events!

# TRUNK OR TREAT! AND PUMPKIN PALOOZA!

October 29th, 5:30pm to 7pm

Hosted at the Lowell YMCA



Join us for an evening of treats, crafts, and games!  
This event is open to everyone in the community!



For any questions email  
Ashley Goroski at  
[agoroski@lowellymca.org](mailto:agoroski@lowellymca.org) OR  
Anna Hueston at  
[ahueston@lowell.k12.ma.us](mailto:ahueston@lowell.k12.ma.us)

For more information on hosting a trunk, donations  
and to register to attend, scan the QR code!



MASSACHUSETTS  
Department of Early Education and Care



LOWELL PUBLIC SCHOOLS (LPS) CFCE PROGRAM IS FUNDED BY THE COORDINATED FAMILY & COMMUNITY  
ENGAGEMENT GRANT AWARDED TO THE LPS BY THE DEPARTMENT OF EARLY EDUCATION AND CARE.

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## Free Flu Clinics

That nasty flu season is quickly approaching! Don't worry - the Lowell Health Department has got you covered. They will be holding two FREE public flu clinics - Tuesday October 22nd and Tuesday October 29th from 4 PM - 6 PM at 107 Merrimack St.

For more information and to register: <https://lowellma.gov/1853/Vaccine-Clinic>



# Get your **FREE** flu vaccine at the Lowell Health Department!

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**Tuesday, October 22, 2024**

**Tuesday, October 29, 2024**

4:00PM-6:00PM

Lowell Health Department

107 Merrimack St

REGISTER TODAY!



Scan or visit  
[lowellma.gov/VaccineClinics](http://lowellma.gov/VaccineClinics)

- Appointments strongly encouraged; walk-ins welcome.
- Register for your appointment by scanning the QR code or visiting [www.lowellma.gov/vaccineclinics](http://www.lowellma.gov/vaccineclinics).
- This is a free clinic. If you have health insurance, please bring your card(s) with you. If you do not have insurance, your vaccine will still be free. **You will never receive a bill for a vaccine received at this clinic. You do not need an ID or other paperwork to receive a vaccine at this clinic.**
- If you can't make it to our clinic hours or need to receive your vaccine at home, please call the Public Health Nursing Division at (978) 674-4308.



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## Monster Bash in Lowell

MonsterBash returns on October 26th from 12:00 PM - 3:00 PM!

Join in the fun at Lowell City Hall for the Haunted House, and trick or treat at downtown businesses!

Community organizations will table on JFK Plaza with kid's activities and candy, and Kosmic Kelly will show off some spooky science. Make sure to grab a photo with the Ghostbusters car!

This event is produced in partnership with the Kiwanis Club of Greater Lowell and the Office of Cultural Affairs and Special Events.

The trick-or-treat map will be posted here closer to the event.

More information at [www.likelowell.com/monsterbash](http://www.likelowell.com/monsterbash).

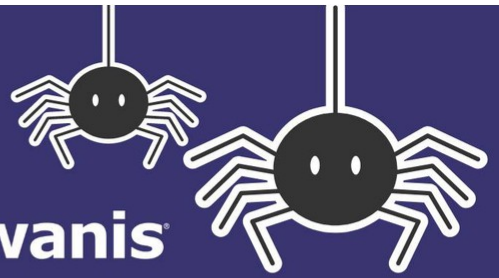


PRODUCED BY

#LOWELL



Kiwanis



# MONSTERBASH

SATURDAY, OCTOBER 26, 2024

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## ELPAC Family Meeting Information

The next ELPAC Family Meeting will occur on Thursday, October 10th from 6:00 PM - 8:00 PM at Lowell High School.

The focus of this meeting will be the Seal of Biliteracy as well as a guide tour of Lowell High School!

Use the scan code in the flyers below to register.

ELPAC

LOWELL PUBLIC SCHOOLS ENGLISH LEARNER PARENT ADVISORY COUNCIL

You are Invited!

ELPAC Family Meeting @ Lowell High School

Thursday, October 10, 2024 6-8pm

@ Lowell High School

Seal of Biliteracy

and

Guided tours of the Lowell High School.

SCAN THE QR CODE TO

REGISTER

ELPAC

Você está convidado! Reunião Familiar

ELPAC na Lowell High School

Quarta-feira, 10 de Outubro de 2024, das 18h

às 20h, na Lowell High School

Selo de Alfabetização Bilingue

+

Visitas guiadas à Lowell High School.

SCANE O CÓDIGO QR PARA O

REGISTRO

ELPAC

(Estás invitado!)

Reunión Familiar de ELPAC en Lowell High School

Jueves, 10 de octubre de 2024, de 6:00 p.m. a

8:00 p.m. en Lowell High School

Sello de Alfabetización Bilingüe

+

Visitas guiadas a Lowell High School.

SCANE EL CÓDIGO QR PARA

REGISTRARSE

ELPAC

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## Hispanic Heritage Month Festival

Celebrate Lowell's 3rd Hispanic Heritage Month Festival with us!

Hispanic Heritage Month in Lowell, Massachusetts is celebrated from September 15 to October 15. This month is a time to honor the history, culture, and contributions of people whose ancestors come from Spain, Mexico, the Caribbean, and Central and South America.



Experience the vibrant cultures of Latin America through electrifying performances, delicious cuisine, and engaging dance workshops. Free admissions for all! Join the fiesta!

Performances by:

- UMass Lowell Latin Assemble
- Grooversity
- Asociacion Carnavalesca de Massachusetts
- San Simonne New England
- Grupo Chevere & more!

Contact us: [Hispanicfest@latinxcenter.org](mailto:Hispanicfest@latinxcenter.org)

More information can be found at [https://www.facebook.com/events/40-french-st-lowell-ma-01852-1113-united-states/lowell-hispanic-latinx-fest-2024/1173998483715858/?paipv=0&eav=Afb1xMVZrbp9o5CEyPX8Wuoylu5URjMzzccMv\\_kDxbHWpf9Kyg4oEbmlEMtoV0NCI4A&\\_rdr](https://www.facebook.com/events/40-french-st-lowell-ma-01852-1113-united-states/lowell-hispanic-latinx-fest-2024/1173998483715858/?paipv=0&eav=Afb1xMVZrbp9o5CEyPX8Wuoylu5URjMzzccMv_kDxbHWpf9Kyg4oEbmlEMtoV0NCI4A&_rdr)

Kick Off with the Hispanic Star - Hispanic Heritage Month 2024

HISPANIC  
HERITAGE  
MONTH 2024

### Cub Scout Pack 7 Information

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit [www.pack7lowell.com](http://www.pack7lowell.com)

Pack 7 meets at St. Rita's Church directly across from McAvinnue!





Cub Scout Pack 7 is a Family Pack for both girls and boys  
in kindergarten through fifth grades



In partnership with FEMA—Cub Scouting is offering fun and play filled 'Be Prepared' emergency preparedness programming for youth. Kids will have a great time and learn to Be Prepared via camping, group hiking, learning to use basic tools, archery, developing communication skills and lots of playing.



Visit [www.Pack7Lowell.com](http://www.Pack7Lowell.com) to find about our next open house or to visit one of our weekly den meetings and learn about the year-long programming.

Meeting Location — St. Rita Hall  
(158 Mammoth Rd., Lowell)

[www.Pack7Lowell.com](http://www.Pack7Lowell.com)

[join@pack7lowell.com](mailto:join@pack7lowell.com)



## Be A Girl Scout

Interested in joining the Girl Scouts Of America? Check out the information below for an event on Tuesday, September 17th at 6:00 PM - 7:00 PM at the Pollard Library in Lowell.

To sign up for Girl Scouts of Eastern Massachusetts, please use the link below.

[gsema.org/jion](http://gsema.org/jion)





## Your Year of Adventure

- ✓ Hike to the highest point in your town.
- ✓ Learn a new outdoor skill.
- ✓ Take on challenges with confidence.

Each day as a Girl Scout brings thrills and out-of-this-world experiences. Don't miss your chance to make new friends and be part of a journey you'll never forget! Find your squad and get ready for amazing adventures.

**Be a Girl Scout**  
[gsema.org/join](https://gsema.org/join)

**girl scouts**  
of eastern  
massachusetts

**Start your Girl Scout journey in Lowell at our FREE Try Girl Scouts event!**

**Tuesday, September 16  
6 - 7 PM**  
**Pollard Memorial Library  
401 Merrimack Road  
Lowell**

*Bring your grown-up(s) along.  
Scan code to RSVP or visit  
[www.gsema.org/eventsup2](https://www.gsema.org/eventsup2)*



## Fall Playgroup Opportunities

The Lowell Public Schools' Coordinated Family and Community Engagement Program holds weekly playgroups for children under 5-years-old and their families.

You can access the registration form below.

[Click Here To Register](#)



**Click Here  
to Register**



Equity, Excellence, Empowerment.

**Early Childhood Department**

Coordinated Family and Community Engagement

# Starting September 17, 2024 FALL PLAYGROUPS



Lowell Public Schools' CFCE program provides weekly playgroups for young children under the age of five and their families! Sing songs, read books, engage in activities and share ideas with peers. Join the fun and invite your friends! Click on the link above to register.

Tuesdays	Wednesdays	Thursdays	Fridays
Sept. 17 - Dec. 10 10am-11am	Sept. 18 - Dec. 11 10am-11am	Sept. 19 - Dec. 12 10am-11am	Sept. 20 - Dec. 13 10am-11am
Location #1: YMCA, 35 YMCA Dr. Language Support: English	Location #1: IINE, 101 Jackson St, Suite 2 Language Support: Spanish	Location: YMCA, 35 YMCA Dr. Language Support: English	Location #1: Pollard Memorial Library, 401 Merrimack St. Language Support: Spanish
Location #2: Lowell Housing Authority, 580 Chelmsford St Language Support: Khmer	Location #2: St. Rita's 158 Mammoth Rd Language Support: Khmer		Location #2: St. Rita's 158 Mammoth Rd Language Support: Spanish

For questions call 978-967-6784  
Visit the Lowell Public Schools calendar and Early  
Childhood homepage for more information  
[www.lowell.k12.ma.us](http://www.lowell.k12.ma.us)

Lowell Public Schools (LPS) CFCE program is funded by the  
Coordinated Family & Community Engagement grant awarded to the LPS by  
the Department of Early Education and Care.



## Mill City Prevention Network

Our friends at the Mill City Prevention Network have a variety of important classes/programs to provide knowledge to families raising kids in 2024. Not only do they provide you with invaluable tools and information - but you will also earn Market Basket gift cards for participating (up to \$150!). In case you are looking at this on your phone, here are the links from the QR codes in these flyers (scroll through to see the flyers in Spanish, Portuguese, and Khmer):

Parent Surveys:

English: <https://www.surveymonkey.com/r/LOWELL-PCN-PARENT-SURVEY>





Portuguese: <https://www.surveymonkey.com/r/Lowell-Pesquisa-Para-Pais>

Spanish: <https://www.surveymonkey.com/r/Lowell-Encuesta-Para-Padres>

Khmer: <https://www.surveymonkey.com/r/Lowell-Parent-Survey-Khmer>

Youth Mental Health First Aid: <https://www.surveymonkey.com/r/2Y5Q63W>

Guiding Good Choices Parent Classes: [https://www.surveymonkey.com/r/BACK2SCHOOL\\_GGC](https://www.surveymonkey.com/r/BACK2SCHOOL_GGC)



## Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:



- **Community Team Work (CTI):** (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, [wma@commteam.org](mailto:wma@commteam.org)
      - Karen 978-729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org)
  - Families who are not enrolled in a CTI program
    - If you've filled out a CTI application in the past...
      - Contact Karen (978) 729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org) to see if where you are on the waitlist (if there is a waitlist)
    - If you've never filled out a CTI application...
      - Fill out an application at 17 Kirk St., 126 Phoenix Ave
      - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
  - Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
  - Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible





## The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <https://www.lowell.k12.ma.us/Page/5263> or email FLI Director Zoe Dzineku at [zdzineku@lowell.k12.ma.us](mailto:zdzineku@lowell.k12.ma.us).



## Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.



Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options at [adelaluz@lowell.k12.ma.us](mailto:adelaluz@lowell.k12.ma.us).



**Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx**

[Download](#)  
15.0 KB



## Community Vaccination Information

Click the link below to see a comprehensive list of local vaccination options for your child.



Please keep in mind that certain vaccinations are required for students to participate in learning at all Lowell Public Schools.

If you have any questions regarding vaccination requirements, please contact Nurse Danielle at the school. She will be glad to help you out and provide you with the information that you require or request.



**Community vaccination sites.pdf**

**Download**  
1.1 MB

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## McAvinnue's Family Read-A-Loud: "Grumpy Pumpkin"

 Kids Book Read Aloud: GRUMPY PUMPKIN (How to deal with angry feelings) by Syperrek and Izzy B



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### McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



## Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

Click the buttons below to access our social media sites!



[Click To Access McAvinnue's Facebook Page](#)

[Click To Access McAvinnue's "X" \(Twitter\) Page](#)

[Click To Access McAvinnue's Instagram Page](#)

[Click To Access McAvinnue's YouTube Channel](#)



### Our Vision

McAvinnue Elementary School is a place...where there are **high expectations**, where students are **academically engaged**, where instruction is guided by a **systematic approach to examine data**, where there is a **multi-tiered system of support**, and where a responsive environment that fosters **social emotional connections** between faculty and students prevails.

**#McAvinnuePride #BeTheDifference #NextLevel**

Email: [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us)

Website: <https://www.lowell.k12.ma.us/Domain/21>

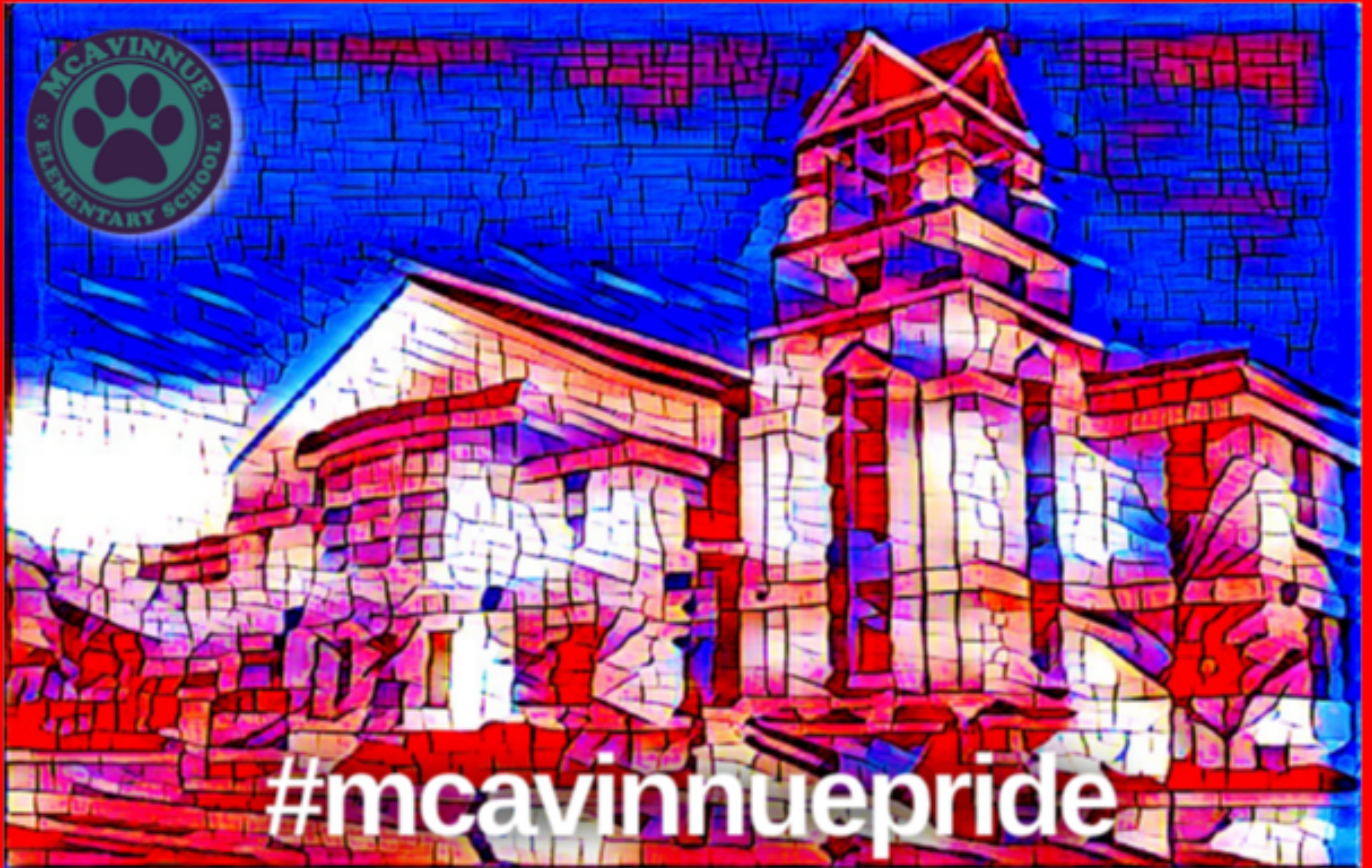
Location: 131 Mammoth Road, Lowell, MA, USA

Phone: (978) 937-2871

Facebook: [facebook.com/McAvinnueElementarySchool/](https://facebook.com/McAvinnueElementarySchool/)

Twitter: [@McAvinnueLPS](https://twitter.com/McAvinnueLPS)





**Michael Domina**

Michael is using Smore to create beautiful newsletters